

This is the precious Rosh Hashana Prayer, which is prayed at the beginning of the new Jewish year.

May your awakenings awaken you. And when you wake up, the day you start you get excited.

And may the rays of the Sun that filter through your window at each new dawn never become routine.

And that you have the lucidity to concentrate and rescue the most positive of each person that crosses your path.

And do not forget to savor the food, carefully, even if "only" it is bread and water.

And that you find some moment during the day, even if it is short and brief, to raise your gaze to the High and to thank, for the miracle of health, that mystery and fantastic internal balance.

And that you can express the love you feel for your loved ones.

And that your arms, embrace.

And that your kisses, kiss.

And may the sunsets surprise you, and never stop wondering.

And that you arrive tired and satisfied at nightfall for the satisfactory task performed during the day.

And that your dream is calm, repairing and without frights.

And do not confuse your work with your life, nor the value of things with their price.

And do not believe more than anyone, because only the ignorant ignore that we are nothing but dust and ash.

And do not forget, not for a moment, that every second of life is a gift, a gift, and that if we were really brave, we would dance and sing with joy as we became aware of it.

As a tiny tribute to the mystery of life that welcomes us, embraces and blesses us.

Harmonious day for all.